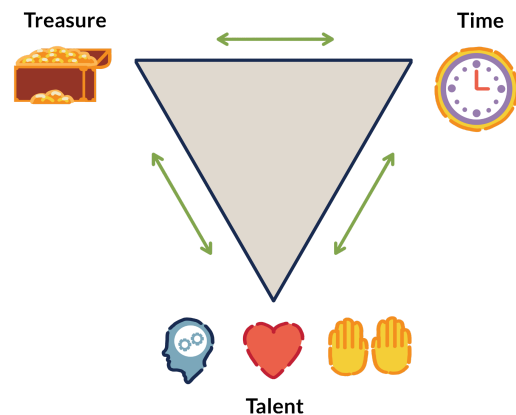


Positive Leadership Institute: Talent2Strength

Achieve your personal excellence.

Our society recognizes that skillful management of resources like time and money can lead to a better life. At Positive Leadership, we believe that an individual's talents are valuable resources that are just as important as time and money. Moreover, we've developed tools and techniques to help you manage this precious resource and wield it to your advantage in the workplace and beyond.

The purpose of the Talent2Strength (T2S) course is to help participants identify and understand their talents and those of others, with the ultimate goal of helping individuals, teams and communities to thrive. Building from the highly-respected Gallup CliftonStrengths © assessment that reveals a person's natural talents and cognitive-behavioral patterns, our T2S curriculum will help you take this baseline knowledge to the next level of meaningful application in your personal and professional life. At its heart, T2S is a developmental framework designed to help you discover and navigate the path to leading a strengths-based life.



Learning Outcomes

Upon successful completion of this course, participants will have:

- Deepened understanding of CliftonStrengths © assessment results and their practical, real-life applications in personal and professional settings;
- Ability to apply key concepts and tools to increase mastery over themes of talent (i.e. mature talent) and improve individual and group performance;
- Ability to identify and constructively address areas of misalignment in interpersonal and team dynamics to achieve mutual thriving;
- Increased emotional intelligence: self awareness, self management, social awareness and social management.

Who Should Attend

This course is designed to benefit a range of professional levels - from early career professionals to mid- and senior-level management.

Course Structure

The *Talent2Strength* course is composed of three 2-hour sessions supplemented with additional homework exercises and reading materials. The structure of each session is outlined below.

- Session 1
 - Introduction to Talent2Strength
 - Intro to CliftonStrengths history and methodology
 - Distinguish between a strength and a theme of talent
 - Distinguish between a raw talent and a mature talent
 - Learn to interpret your CliftonStrengths report

- Session 2
 - Receive expanded reports
 - What does it mean to live a strengths-based life? Why does it matter?
 - Survive vs. thrive
 - Alignment and contrast
 - Individual-environment fit
 - Performance ladder
 - Talent anatomy
 - Treasure-Time-Talent
 - Increasing mastery over your themes
 - Emotional intelligence
 - COIN model: Connect, Observe
- Session 3
 - Progressing from raw to mature talent
 - You are not your talents
 - COIN model: Interrupt, Nuance
 - Z process
 - Improving performance
 - Isolate activity
 - Maturate talents
 - Aggregate knowledge
 - Cultivate skill

Course Companion/Recommended Reading

- Donald Clifton, [Now, Discover Your Strengths](#)